

## ***INSTRUCTIONS AFTER LEEP BIOPSY***

1. Expect light vaginal bleeding for up to 30 days after the LEEP biopsy. Do not use vaginal tampons; you should only use external pads for menstrual hygiene for the first month after the procedure.
2. You will probably have mild to moderate lower abdominal cramps for the first day after the cone biopsy. This is best treated with Advil (ibuprofen) which is sold over-the-counter.
3. You may take a shower or a bath at any time.
4. Refrain from sexual intercourse for **FOUR WEEKS**.
5. Report the following danger signals to the office as soon as possible: persistent nausea or vomiting, fever greater than 100.5 (especially if associated with shaking chills), increasing abdominal pain, or heavy vaginal bleeding.
6. A postoperative office visit is recommended 4 weeks postoperatively.

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